

## Psychologist Referral List

Updated: 2021

The following is an alphabetical listing of professionals who do assessments and counselling for ADHD - ATTENTION DEFICIT (HYPERACTIVITY) DISORDER And LD - LEARNING DISABILITIES. Assessment services for students may also be accessed through your local school board process. We also maintain a resource centre containing reference materials.

**The Learning Disabilities Association of York Region does not endorse any of these professionals or organizations. We do endorse your right to know about them. We believe an informed parent is a child's best advocate.**

The following definitions may help clarify which professionals are able to perform assessment services.

Psychiatrists: are medical doctors who have continued their education in the specialty of Psychiatry. They are governed by a college or board, and are subject to the same rules and regulations as all doctors. Their services are covered by OHIP under most conditions.

Psychologists: are governed by the Ontario Board of Examiners in Psychology (OBEP), a legally constituted body responsible for the ethical practice of psychology. Some psychologists have extensive training and/or experience in assessment and counselling of children and can usually provide appropriate suggestions regarding remediation of academic, behavioural, social or emotional problems. They are not medical doctors, cannot prescribe medications, and are not covered by OHIP. The title 'Dr.' refers to their having a Ph.D. in psychology. Insurance programs offered through employers may offer some coverage for psychological services.

Psychometrists: have the skills to conduct academic, cognitive and perceptual functioning. In most settings, they are supervised by Psychologists or Psychiatrists.

Psycho-educational Consultants: have similar training to Psychometrists. The difference is that most Psycho-educational Consultants have training related to children and/or education, and work in settings specifically related to these areas.

To join this list email [Helga.sirola@ldayr.org](mailto:Helga.sirola@ldayr.org) with your request and resume.



## YORK REGION

| <b>Name</b>   | <b>Contact</b>  | <b>ADD/ADHD<br/>Assessment</b> | <b>LD<br/>Assessment</b> | <b>Ages</b>  |
|---|---|--------------------------------|--------------------------|--|
| Dr. Tali<br>Shenfield<br>(Psychologist)               | Advanced Psychology<br>Services<br>9019 Bayview Ave. (Suite<br>208)<br>Richmond Hill, ON, L4B<br>3M6<br>Tel: 905-771-7000<br>Email: <a href="mailto:info@psy-ed.com">info@psy-ed.com</a><br>Web: <a href="http://www.psy-ed.com">www.psy-ed.com</a>                           | Yes                            | Yes                      | Preschool<br>to<br>College/<br>University.           |
| Dr. Marjan<br>Saghatoleslami,<br>(Psy.D.,<br>C.Psych) | Liberty Square Psychology<br>Clinic<br>Markham, Ontario<br>Tel: (905) 258-0800<br>Fax: (905) 258-0801<br>Email:<br><a href="mailto:dr.saghatoleslami@gmail.com">dr.saghatoleslami@gmail.com</a><br><a href="mailto:info@libertysquarepsych.ca">info@libertysquarepsych.ca</a> | Yes                            | Yes                      | Students and<br>adults<br>attending<br>postsecondary |