

# PARENT SUPPORT GROUP

## WHY THE NEED FOR A PARENT SUPPORT GROUP?

Parenting children and adolescents with a Learning Disability and Attention Hyperactivity Disorder is sometimes a challenging and frustrating experience. Our parents support group provides parents and guardians with the opportunities to exchange problems, solutions and other information with other parents and professionals. This allows parents to form networks with other parents and to build self-esteem and self-confidence about their parenting styles.



## WHAT WE DO

- ◆ Help parents through the different stages of accepting and managing of their children with LD and ADHD.
- ◆ Share common experiences of parenting, especially in handling emotions and problems in a positive way
- ◆ Promote awareness of the services available in the schools and the community for children and young adults with ADHD
- ◆ Create an atmosphere that will rebuild self-esteem and foster confidence in parenting skills
- ◆ Provide a network among parents for finding appropriate services for their children with LD/ADHD
- ◆ Educate parents about LD/ADHD to enable them to advocate for their children in the school system

## AIMS AND OBJECTIVES

- ◆ To provide a forum for exchange of problems, solutions and information for parents of children with LD and ADHD.
- ◆ To provide an opportunity for an informal meeting among parents with similar needs, problems and concerns.
- ◆ To serve as emotional and informational support for one another.
- ◆ To forge a close alliance amongst parents with similar needs and interests in order to advocate for services for children with LD and/or ADHD in York Region.
- ◆ To empower families to create and achieve goals through support and encouragement.

**MEETINGS ARE HELD MONTHLY, FROM OCTOBER TO JUNE**

If you would like to attend or need more information,  
Please call 905-884-7933, ext. 21

*A different way of learning can lead to success*



**Idayr** • Learning Disabilities  
Association of York Region

*The right to learn, the power to achieve*

[www.idayr.org](http://www.idayr.org)

RESOURCE CENTRE:

11181 Yonge Street Unit #221,

Richmond Hill, ON L4S 1L2

Tel: (905) 884-7933 Fax: (905) 770-9377

Email: [info@idayr.org](mailto:info@idayr.org)

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## **2017/2018 Schedule:**

**Tuesdays at 9:30 AM—12:00 PM**

*First time participants, please arrive at 9:15 AM*

**September 12, 2017**

**October 10, 2017**

**November 14, 2017**

**December 12, 2017**

**January 9, 2018**

**February 13, 2018**

**March 20, 2018**

**April 11, 2018**

**May 8, 2018**

**June 12, 2018**

## **Location:**

**Loyal True Blue and Orange Home Building  
Learning Disabilities Association of York Region  
11181 Yonge Street.**

**Richmond Hill, ON L4S 1L2**

**Meetings held in Room B13 (Located in the Basement)**

For after hour support call Renee Flannery at 905-884-7933 extension 21



**United Way**  
Toronto & York Region